

# OSHA 10-Hour Safety Course Schedule for 2026

## Presented by SIF Safety Services

### Coeur d'Alene

- January – OSHA 10 hour for Construction
- October - OSHA 10 hour for General Industry

### Lewiston

- June – OSHA 10 hour for General Industry
- December – OSHA 10 hour for Construction

### Boise Metro

- February - OSHA 10 hour for Construction
- June - OSHA 10 hour for General Industry

### Twin Falls

- June - OSHA 10 hour for Construction
- June - OSHA 10 hour for General Industry

### Southeast Idaho

- April - OSHA 10 hour for General Industry
- May - OSHA 10 hour for Construction

## General Industry topics may include:

- Introduction to OSHA
- Walking Working Surfaces
  - Fall Protection
- Electrical
- Exit Routes, Emergency Action Plan and Fire Protection
- Personal Protective Equipment
- Ergonomics
- Hazard Communication
- Fall Protection
- Machine Guarding
- Hazardous Materials
- Ladder Safety
- Safety and Health Program

## Construction topics may include:

- Introduction to OSHA
- Electrocution
- Struck-By
- Caught-In or Between
- Falls
- Personal Protective & Lifesaving Equipment
- Health Hazards in Construction
- Excavations
- Scaffolds
- Materials Handling, Storage Use & Disposal
- Tools- Hand and Power
- Stairways and Ladders
- Cranes, Derricks, Hoists, Elevators & Conveyors



Watch for emails from your Safety Consultant for registration prior to the event  
Contact [SS\\_Service\\_Requests@idahosif.org](mailto:SS_Service_Requests@idahosif.org) to update your email address

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